

30 DAY Play Challenge



Can you play for a month straight?

Run through the sprinklers.

Sing a song that motivates you

Play "I Spy"

Take a nature hike

Draw a picture of your family

Have a dance party

Create an obstacle course

Bake a cake

Play a board game

Finger paint

Make a bookmark

Build a fort in your living room

Go for a bike ride

Send a postcard to yourself

Make breakfast for dinner

Do a puzzle

Make finger or sock puppets

Put on a fashion show

Read outside

Collect leaves and make leaf prints

Build a bird feeder

Write a letter to someone in another place

Climb a tree

Find 100 somethings

Fly a kite

Recite a poem to a friend

Have a sword fight

Design your own flag for your own nation

Make an animal mask

Rewrite the ending of your favorite story

DeSoto Public Library encourages families to engage in at least one screenless activity a day to stimulate the mind beyond the phone, computer, or television.



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